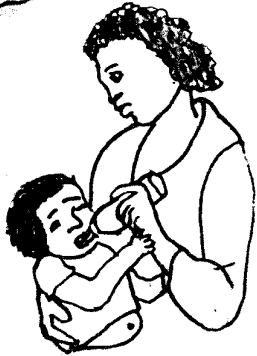


YA KALIBANGA



DAW ONO YA MAKAKALIBANGA?



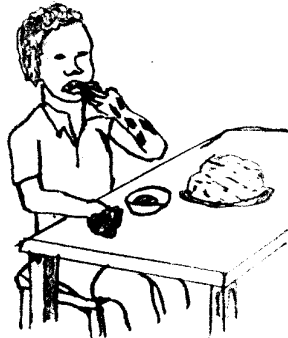
Pabpasoso ka botilya



langaw



Maripa nga sapa



Maripa na alima

Daw maono ya lawas kon magkalibanga?

Ya lawas makaw-an ka sapa.

Ya lawas anloza kon waray sapa.



Kon magkalibanga ya lawas singed ka lata nga naboslo.



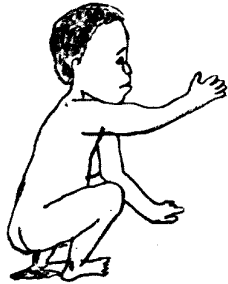
Dazaw mapono iton kinahanglan pirmi bobooan ka sapa.

Dazaw diri maloza ya lawas kinahanglan sodlan iton ka sapa kada pagkalibang.

YA PAGTAMBAL KA LAGKAW



Maghatag ka sapa nga tambal singed ka ini



Ka nagkalibanga



Hatagan 1-2 tasa kada pagkalibang



Ka nagsoka daw kalibang



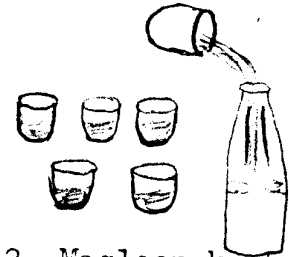
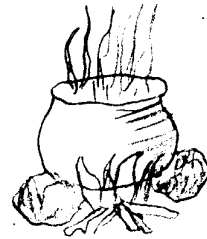
Hatagan ka kinotsara kada 5 minotos.

Pakanen isab ka iba pen nga mainem daw pagkaen 3 X 3

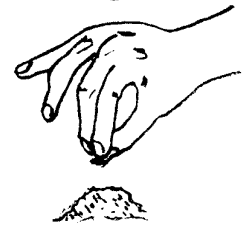
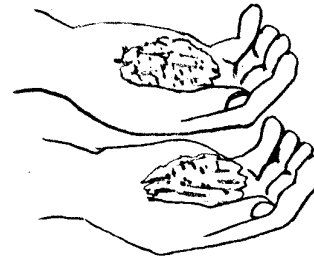
YA TAMBAL



KA LAGKAW



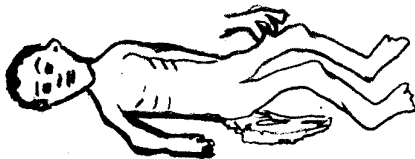
1. Magpasobo ka sapa
2. Magloon ka 5 nga ka tasa dizan ka botilya
3. dogangan



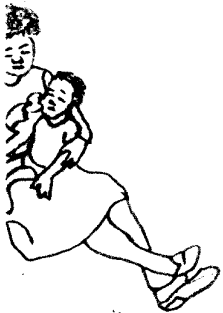
4. 2 ka bhop nga asokal daw 3 ka podyot asin

Singed ka pakat ka loha lamang.

DAW KON_O ANKARO KA HOSPITAL?



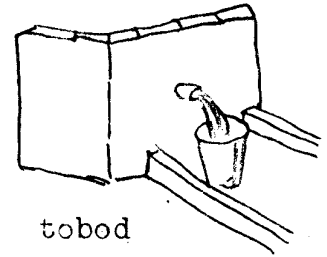
1. Ararem ya mata
2. Ararem ya sabang
3. Ankenet ya kindal
4. Magkalibang ka dogo
5. Mga bata nga diri aninem
6. Kon diri madazaw ka tolo nga ka aldaw



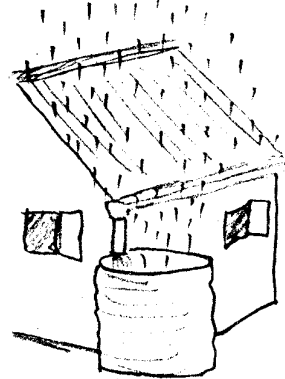
1, Mahinglo nga sapa



bomba



tobod



oran



pinasobo nga sapa

2. Samponan ya mga len-anan ka sapa



3. maggamit ka kasilyas

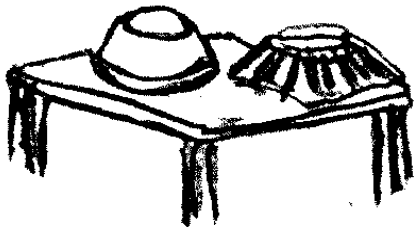


4. Manhinaw ani pen kaen.



5. Gamiten ya tasa daw. kotsara ka mga bata

6. Sampenan ya makaen



7. Hogasan ya plato nga sinabonan daw ibelad.

Lilia Castro (AMT)
1989
Mamanwa