

# BIRD FLU



# ALERT!

Always wash hands and utensils with soap after touching raw poultry meat.



Use soap to wash eggs and

If you hear that Bird Flu is in your area;



**AVOID LARGE GATHERINGS**

and

All family members of some

Use soap to wash eggs and everything that comes into contact with them, before cooking.

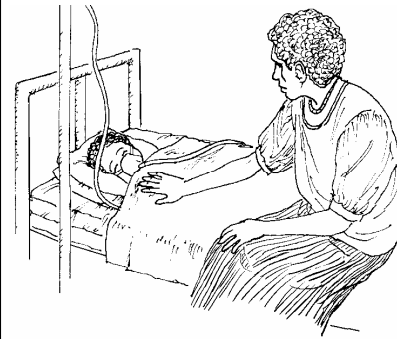


Cook poultry very well. Even a little red blood can make you sick.



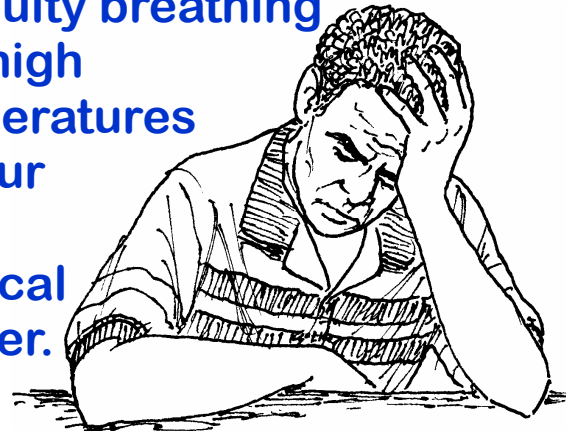
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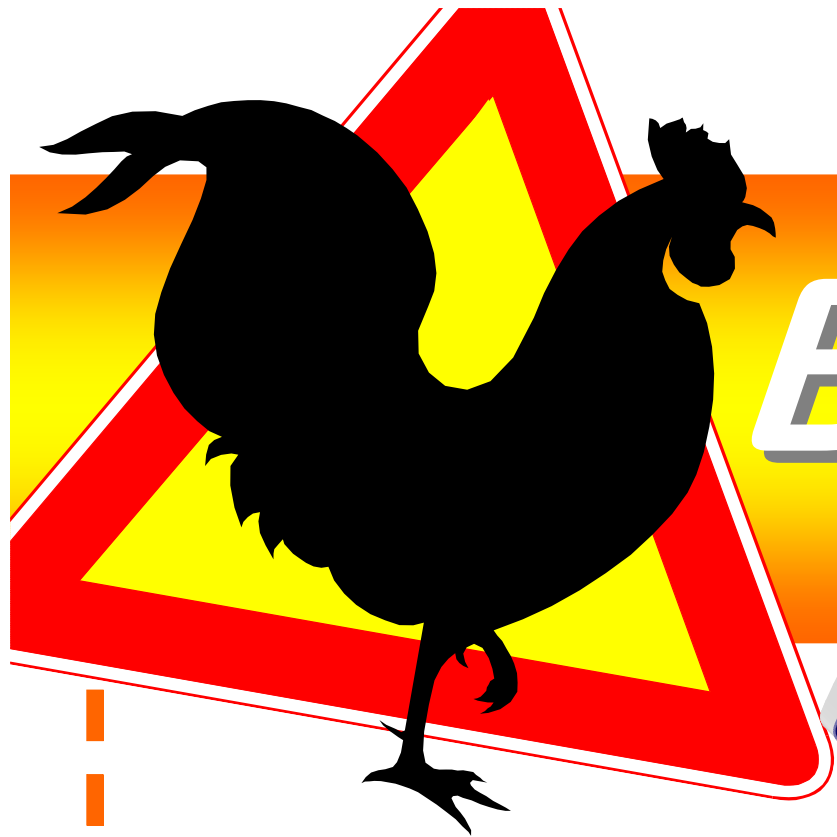
All family members of someone who gets sick should stay at home for 10 days to prevent spreading sickness to other people.



and

Report all flu-like symptoms, difficulty breathing and high temperatures to your local medical worker.

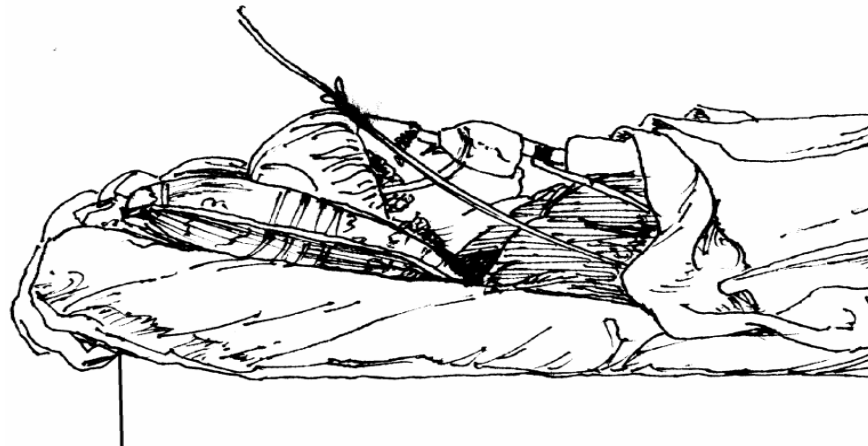




# BIRD FLU ALERT!

## WHAT IS BIRD FLU?

A new disease, Avian Influenza has spread to many countries. This disease starts with sick wild or tame birds and then it gets on animals, people and things through direct contact. Then they carry the disease from place to place. The germs can travel through the air on the wind and make animals and people very sick. It starts just like a cold but can quickly kill people and is killing half of the people who get it.



## HOW CAN I PREVENT IT SPREADING?

GET IT.



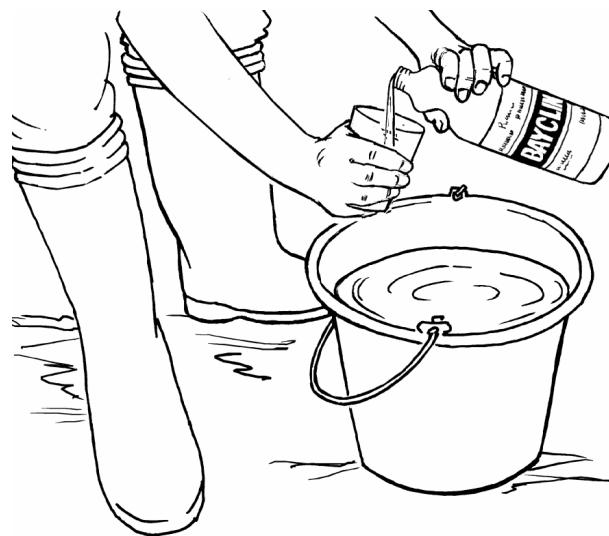
## HOW CAN I RECOGNISE IT IN PEOPLE?

If there is Avian Flu in your area;

If you get sick with fever and a cold, high temperature and difficulty breathing, seek medical help immediately.

## HOW CAN I PREVENT IT SPREADING?

- Avoid going to gatherings of people. People may spread the disease even before they begin to feel sick.
- All family members of someone who gets sick should stay at home for 10 days to prevent spreading sickness to other people.
- Protect yourself with a mask, gloves and careful washing when you help someone with Avian Influenza.





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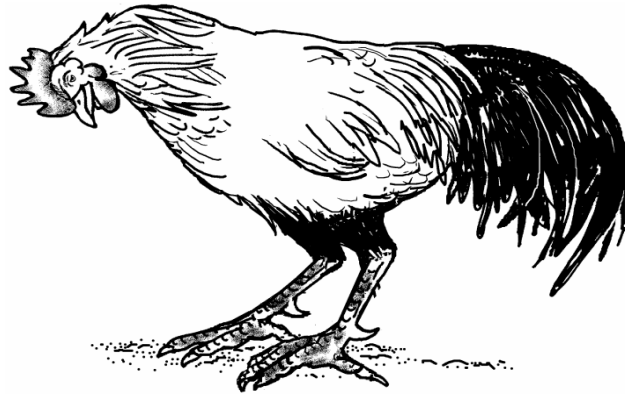
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HOW CAN WE PROTECT IT?

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### HOW CAN I PREVENT BIRD FLU FROM SPREADING?

- Keep flocks in enclosures to protect them.
- Keep guard that strangers and friends do not bring contaminated items or animals to your village.
- Please keep watch for any sick animals or humans. **If you think that a person or bird has been infected please isolate them and report the incident to your local health worker immediately.**

### HOW CAN I RECOGNISE IT IN BIRDS?

An infected bird

- will have a swollen and blue comb and will struggle to crow,
- there will be fluid coming from its eyes and nose,
- its legs will be streaked with red.

