Na'aiboi ... TiBi Emadohomaira

How to Stop TB

Written by Dr. Beth Lewis Translated by Eric Franklee

Gibaio / English Diglot Gulf Province, PNG



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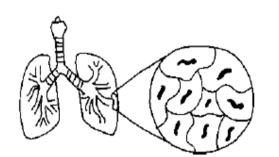
1st Edition October 2016 90 copies

ISBN: 9980 0 4135 8

Illustrated by Joanna Lewis
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Translation Edited by Robert Petterson

Printed by SIL PNG on MV YWAM PNG

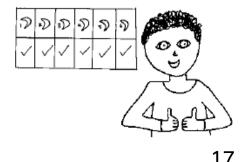
Nooro muromuroi idio tatahara, ka ire auo kekei pupuo ii'i oukaumo, ka didimoida noro muromuroi idioi oovahoroi vouaida muromuro orova'atii bia ouka.



If you do not finish all your treatment, the bacteria become strong, so next time you take medicine for TB it may not work well.

No miaha averema hibidioa, stiru tuunioha aha ma ipoi'oi.

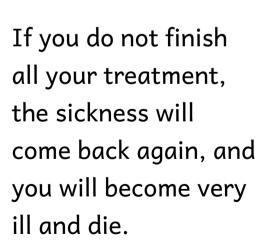
Even if you feel well again quickly, you MUST finish all the medicine completely!

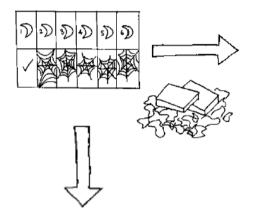


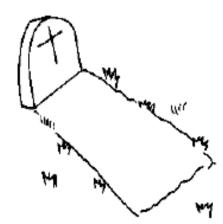
Na'uro oobodiiro mo TiBi muromuroi idio tatahara?

What happens if I don't take TB medicine?

Nooro idio tatahara, no gimoiro oovehe'ai ouka, ka no pupuo tataharo eidai ouka, kiauka aha viihiaia.







Tibi oohoi na'iboiro?

What are the symptoms of TB?



Urei tutuuha ovodai (pura netoa, o netoa kaa'u)

Cough for more than two weeks

Tamai horohoro

Losing weight



Tibi oohoi na'iboiro?

What are the symptoms of TB?

Tamai eraara

Fever





Urei ora rautu

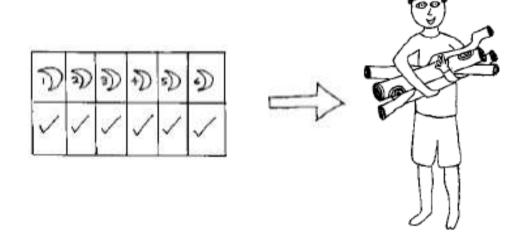
Coughing blood

Goomoi temeteme

Chest pain



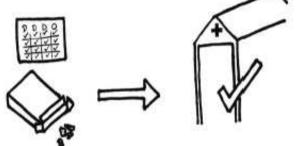
Nooro siks oveida muromuroi aha avipoi'oa, no mia ii'i, via nooro uubi aamiiai imioi bia ouka.



If you finish all six months of TB medicine faithfully, you will become well again, and you will not pass it on to others.

No oropoi'oida ma erehe'ai muromuro vatiito no seke ma ovai moiri, maia'aumo no miahara.

When you finish, you come back to hospital to be checked again to make sure you are well.



Nu'a tama ehiha obo via bedeairo TiBi odomoiai bia ouka!

TB is not treated by herbs or magic water or sorcery!





Duoi boo'ia

Night sweats

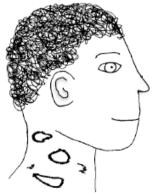


Swelling of glands





Burst glands/sores



Tibi oohoi na'iboiro?

What are the symptoms of TB?



Iihoi miaha tataha, o oorioi miaha tataha mereekeekei

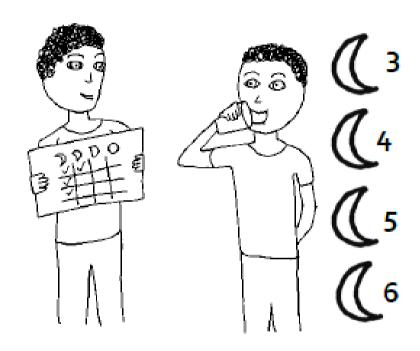
Children not eating or playing

Tii'ioi avavo kamia iraromoi mea biaka

Seizures, confusion, behavior changes



Igoiho foa ovei go'ootoida idioi ivodai ouka. Mere ataro uumo ovaidioi ouka tuunioha hivioi ma idioiri.



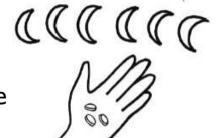
The next four months you will take your medicine at home. Someone in the village will remind you to take it every day.

(DOTS)

TiBi na'aiboi omodobuaira?

How is TB treated?

TiBiiri siks (6) ove muromuro idioika.

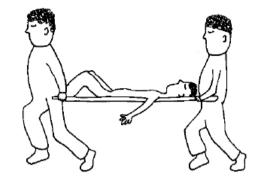


TB is treated by medicine which must be taken for six months.



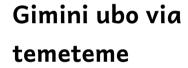
Epuu oveetii muromuro vatii hado e'idioika.

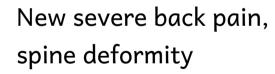
The first two months you may need to stay in hospital.

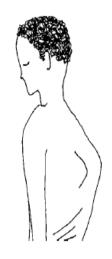


Pupuo tataha

Feeling very weak, unwell



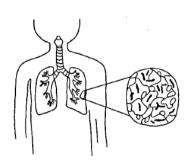




Uubi kaa'ukaa'ui ne'eida Tibi himiahimia evera ka!

TB looks very different in different people!

What causes TB?

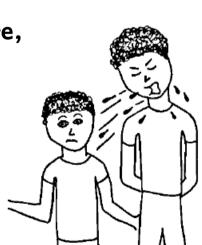


TiBi beruida e'idio kaumoi gimo iva'oia naa keke aamiaka.

TB are tiny bacteria (tiny germs) which live in the lungs.

Uubi amiaido nooro ure, iroobo, via ooraduuti da imioi ouka.

It is spread to other people by coughing, sneezing, and talking.



Hepuida oobei iamouti beha biaka. Nu'a pahai haado ma imouti, ka eraito ma adiai.

No spitting on the ground! Everyone must spit onto a leaf and then burn it.



Hunupo oromurudio naa rautuida TiBi emadohomaika.

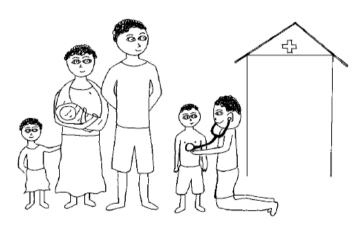
Wearing a mask stops TB spreading.



Nimoro TiBi na'aiboi emadoho maira?

How do we stop TB spreading?

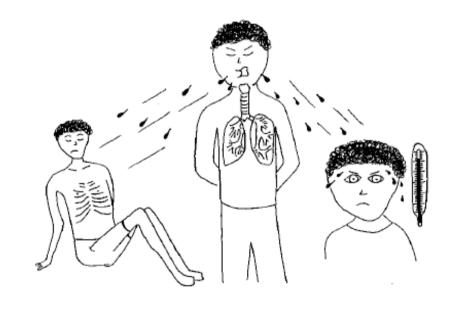
TiBi gimoi geema tana ii'ika via uubi aamiai tana imio kairi mere gimoi eveea epuuhi'ai haado ma ovoi. Nu pamiri tuunioha ma ooi seke airi.



It is most important that anyone with TB comes to hospital for treatment EARLY before they get too sick and pass their sickness to others. Bring the whole family to be checked.

Uubi amiairo TiBi eidaika, beruida o duupi vatii aamiaida.

Other people may then get TB in their lungs, or in any other part of their body.

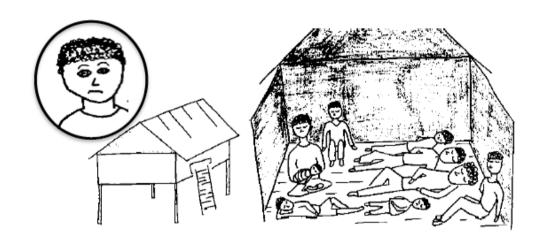


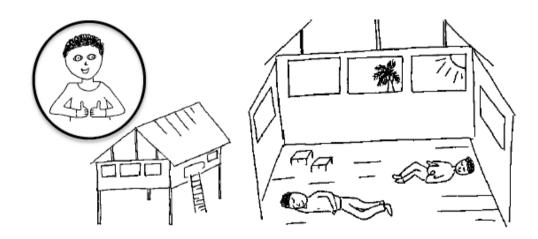


TiBii kastomuire via ivavireida biaka!

TB is not caused by custom or sorcery!

Moto kaa'uida hiirohi'a uubi e'idioida erremioika TiBii. Irou ireibua via uinda tataha. Pamirida hiiro uubiiro eidaika. Motoi geema via uinda rautu motoida nooro hoviri eidai bia ouka. Aa'o motoiro nu pamiri duupii miaha iohidioika!





TB is spread easily when lots of people live and sleep together in crowded houses without open windows. Many people in these families get sick.

TB is not spread so easily when people live and sleep in spacious houses with the windows open. These houses keep families healthy!