

Kitab wajay ta nora nû

Kaŋgi tumaŋndo toŋo dawu geya



Soigner les malades à la maison

Kitab wajay ta nora nû

Kaŋgi tumanndo toŋo dawu geya



Soigner les malades à la maison

Association SIL

BP 4214

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Genre: santé

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Ândurti tena



Ƞgo Ƞgo ken ândur dawu kigetiyon?

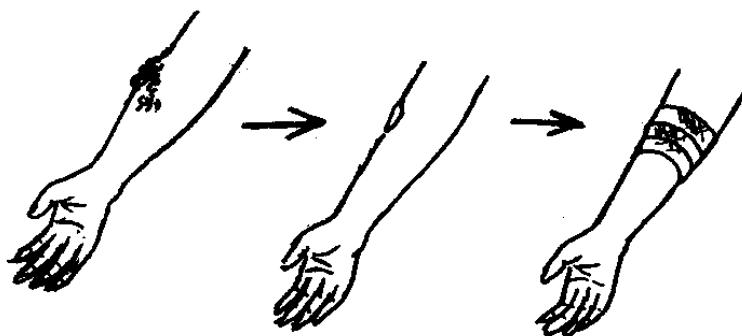
Koro sibino kula saa kandama,
hâgudu aŋgo malinjo kandama,
saa ilam koyna wasim kona
nondoyer.



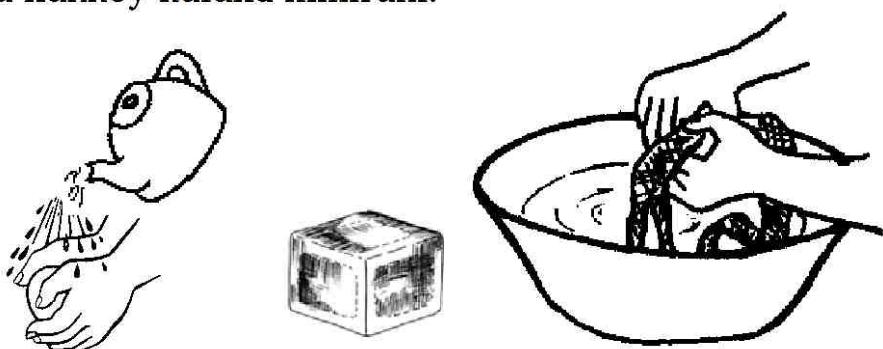
Kondoyeran, kûnjura kel-ken kârow-
kârowa nira ūken, hâgudu koroo kîniŋa
sabuna mbo kukana-kodo, ândurtu saa
aŋgo taŋa kona wi mbo lukani.



Hâgudu ñaŋgatu kula sabuna mbo kukanin, tuburuŋin, ândurtu kallo kukana-kodo ñaŋgati gi mbo nimirani. Ñaŋgatu kucuŋjan, ândurtu irnaŋ mbo aŋiŋ mbo tâŋgaci. Ñaŋgatu kacaciŋi-gim, saa mbo billo keni. Billo kenan, ândurtu tîbinteyande.



Tebet de ândurtu dawu keni-ken, koroo kîniŋa sabuna mbo luke. Ñaŋgatu ândurti molo kacaciŋan, sabuna mbo kukana, ayŋgem kândajinjin, tuburuŋin, kula hâkkoy kalana nimirani.



Ândurti gi ba kuya tenan, rebe tilli aggam ena mbo kocha, kuya nili. Aggam geya gi du rebe tilli gi kira yoŋ sawi yoŋ, saa niŋjara mo yoŋ wasi mo yoŋ uluna, kâddu nindena gi ye.

Ba kuya kinilan, lukani. Ândurti gi ta kawa gu kuŋuno koy luke, ŋaŋgatu tu mbo kuciteye.

Ândurti igi dawu kigede, ba jo kaj ŋun tumisendan, kula hakkim mo naŋi.

Kosi tiye



Ƞgo Ƞgo ken kaŋgi kosi tiye gu
dawu kigetiyon?

Koro sibino kula saa kandama, saa ilam aŋgo
maliŋgo kandama koyna konin oyorin kûnjur-ken
uburunteye.

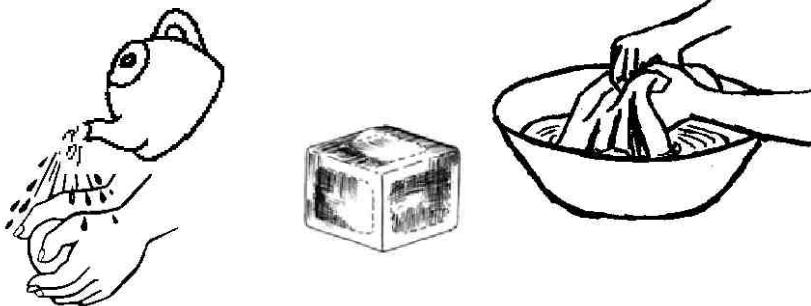


Hâgudu aŋaru kula
kogu tîlo tîlo kukana
nagali ndisi. Aŋari gi
mbo kosi durmi molo
koye kanaŋ fut keye,
nagali kogi tu molo tu
gim wakindite ta jam.



Njindiŋ mbara tindenu koy kosi luke.

Kosi lukan kelan, koroo kîniŋa sabuna mbo luke.
Hâgudu kaŋgi kosi tiye to mîndil toŋ tunjuma yoŋ
tara yoŋ sabuna mbo lukan ayŋgem kândajin̄ti.
In ko kenan kinta koy waja kîndibinndiye.



Kaŋgi kosi iye gu njindiŋ mbara tindeno koy kosi wo
nda luke. Kuken jo mbir tuŋuna kalla tukindan kula
hakkim mo naŋi.

Ramba tîbina



Ƞgo Ƞgo ken kaنجi ramba tîbina gu
konorontiyoŋ?

Ndaŋ-ndaŋ kaنجi ramba tîbina gi saa kâdur tanjeti.

Hâgudu kûjo tiye-ken, habub Farasitamol uri gu
lêlem jo 4 tiliŋjeti.

Kaنجi kâddi yoŋ kima sibina yoŋ habubta Ƞganna
Ƞganna tultiŋja ila dîsir njiranj âmbinjikala gi nuŋ de.

	Kima sibina sininta 1 → 3	Habubko ceki to ceku tulti	
	Kima sibina sininta 4 → 7	Habubko ceku tulti	
	Kima sininta 8 → 13	Habubko 1 tulti	
	Kaŋgi kâddi	Habubta 2 tulti	

Kimo sibino ramba tîbinan ariyan kilisan, binu ndaci. Hâgudu bini kuyendan koy tobko yoŋ rucice. Ba binu kanday-kede ariyan kelan, ramba mbo jukuriya mbo nîyembo kâddi tûti. Gani unŋa tiran koy ariyan kilisan, binu ndaci.

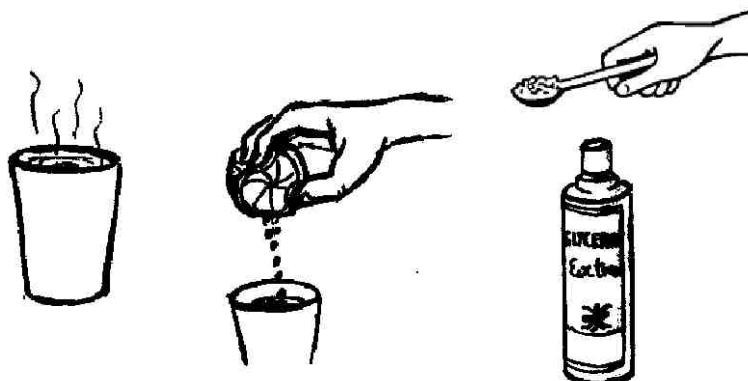


Kaŋgi kâddi yan koy ramba tîbinan binu daŋjо tacite. Hâgudu kusaŋ tibiyan koy binu kallo turucireti.

Kaŋgi agar aŋye-ken,
saa ŋemam aŋgo loyn
kurtuŋ saa ila agaram
kulumbun ŋgâr ŋgâr ken
tudunti.



Hâgudu finjal kâddim saa uñña nandam, laymunko nil sukkarko loyn, hâgudu Gilisirin koy tinda-ken maliŋgo tîlo loyn, saa ila baka-baka taŋanti.



Hâgudu durmi ta gi ba
tindiňikirna kallo turindan,
saa uñña kos sibinam kul
Motolotonko sono kelet ken lun
dur mim naŋ toŋ ken binu
turucirnin, urunji saa ila nî gi
dur mim tayti. Sura gi nuŋ de
tenti.



Urunji gi kos molo dînjara telan, saa ila kul taŋanteye. Ili molo Motolotonko kul durmi mbo uyo mbo kayinj, hâgudu gâli mbo kû mbo tayınti.

Kima sibina yan du Motoloton ti tindam nîyembo unna tûkan, Motolotonko sibino bini tam sule dol lo kayinj. Ba durmi ta gi tindiŋikirnan, saa ŋema mbo durmi ta gu tom tom keye.

Kigen, ramba gi kâddi tûkasi-ken, hâgudu gâlu koy tîbinan, kula hakkim mo naŋi.

Guñuti tuya



**Ƞgo ȣgo ken kaنجi guñuti tuya gu
konoron̄tione?**

Ndum liyariya kâdur na kaنجu guñuti ïnibi. Ndañ-
ndañ ndum liyariya mbo guñuti mbo kooy de
konoron̄teye.

Kima uñana-kunuñ
sininta 5 nuñunnda gu
guñuti tibinan, celcelo
de konoron̄teye. Celcelo



de ba konorojndan nîyembo talaseti. Guñuti ba dala tam toyonan kalla yande, nîyembo bîye ye.

Ili ya ken, ndaŋ-ndaŋ kaŋgi tumaŋnda gu habub Farasitamol uri gu **lêlem jo 4** kûnjiteye.

Kaŋgi kâddi yoŋ kima sibina yoŋ habubta ŋganna ŋganna tultiŋa ila dîsir njiran âmbinjikala gi nunj de.

	Kima sibina sininta 1 → 3	Habubko ceki to ceku tulti	
	Kima sibina sininta 4 → 7	Habubko ceku tulti	
	Kima sininta 8 → 13	Habubko 1 tulti	

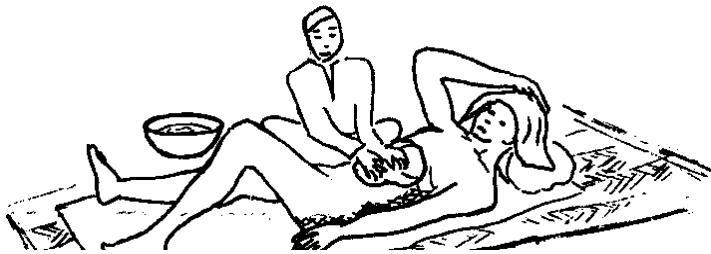
	Kan̄gi kâddi	Habubta 2 tulti	
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Kimo sono gunuti tuyan, binije kudanya-kodo sa kâro-kârowam kude luni.
Kulunin, dagigañ 30 tindenti.



Ba kan̄gi kâddu koy gunuti tuyan, saa nema mbo lukani. Ti koy dagigañ 30 tindenti.



Hâgudu kukanan, tunjuma yoŋ tara yoŋ kula saa
kîrimam kuluna-kodo, tumannda gu kûjo ruci.
Hâgudu fardi yoŋ mulfa yoŋ saa kîrimam lun-kodo
ndu ruci. Hâgudu andibila mbo yoŋ wis keye.



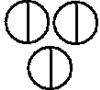
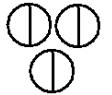
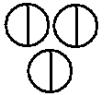
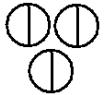
Tumannda gu saa kîrima
kuŋ-ken taŋanteye,
hâgudu ɻetu koy
warwaro kuŋ-ken
tinanteye. In ko gunuti
boko teleti.



Kaŋgi tumaŋnda gu ndaŋ-ndaŋ hâkkoy habub tu
Nabakin uri gu wo **lêlen kaŋ** mbo tilinjanti.

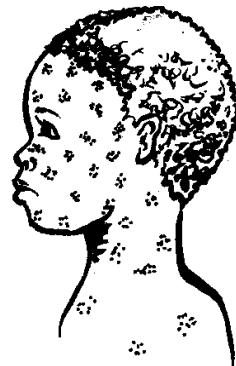
Kaŋgi kâddi yoŋ kima sibina yoŋ habubta ŋganna
ŋganna tultiŋa ila dîsir njiraŋ âmbinjikala gi nuŋ de.
Habub gu Nabakin uri gi ye, 100 mg nene gi ye. 

		Lêle gîlanŋgi ilim subbo	Lêle gîlanŋgi ilim ŋerem	Lêle mbarlaŋa ilim subbo	Lêle kaŋgalanŋ a ilim subbo
	Kima sene tîlo koy nenenda		□	□	□
	Kima sininta 1→3		○	□	□
	Kima sininta 4 -> 7	□ ○ ○	□ ○	□ ○	□ ○

		Lêle gîlangi ilim subbo	Lêle gîlangi ilim ñerem	Lêle mbarlaŋa ilim subbo	Lêle kaŋgalalaŋa ilim subbo
	Kima sininta 8 -> 13				
	Kangi kâddi				

Tumaŋnda gu Farasitamol mbo Nabakin mbo kûŋa akar tûkasindan, kula hakkim mo kananya, ŋgarna molo gunuti tîbinoŋ, dâwu ŋgâru kûŋuŋ, hakkimko ndili.

Kimiñ̄ sina waja tîbina



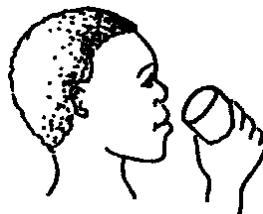
Ƞgo Ƞgo ken kimiñ̄ sina konorontiyon?

Ba kimiñ̄ sina ndu unña ûkan, saa ɳema mbo
kukanteye.

Hâgudu ndaŋ-ndaŋ habub Farasitamol uri gu lêlem
jo 4 kûnjiteye. Habubta ȣganna ȣganna tultiŋa ila
dîsir njiraŋ âmbinjikala gi nuŋ de.

	Kima sibina sininta 1 → 3	Habubko ceki to ceku tulti	
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	Kima sibina sininta 4 → 7	Habubko ceku tulti	
	Kima sininta 8 → 13	Habubko 1 tulti	



Lêlem kima tumañnda gu si tindenu
koy saa kîrima kûnjiteye. Îya tiran
koy kuyulta lay kandañanteye.

Ba kîkala, kano tuburi-ken, ñamu kayeteye. Hâgudu
saa kon aŋgo loyn kûnjura, kârow-kârowa ila mbo
uyo kukanteye.

Jo mbir yoŋ tuŋuna kîkala, ba gunuti tilisindan,
kula hakkim mo kananteye.

Hâgudu kîkala nîyembo tucukuri yoŋ, ba kosi ñâlaw
tigen koy, kula hakkim mo kananteye.

Wasi tummana



Kaŋgi wasi tummana gu
ŋgo ŋgo ken konorontiyoŋ?

Kaŋgi wasi tummanan celcelo de gani tummana gu
saa kîrimam luni.

Saa kîrima ilam si de
dagigan 30 tindenti.



Kima sibina yan jî kandajanin boko yammam tenti.
Hâgudu kañgi kâddi yan chayo kenin tanjanti.



Hâgudu habub Farasitamol uri gu **lêlem jo 4** tiliñeti.

Kañgi kâddi yoñ kima sibina yoñ habubta ñganna
ñganna tultiña ila dîsir njiranj âmbinjikala gi nuñ de.

A black and white line drawing of a person in a kneeling position, facing forward with hands clasped near their chest.	Kima sibina sininta 1 → 3	Habubko ceki to ceku tulti	A black and white line drawing of a quarter circle.
A black and white line drawing of a person standing upright with arms at their sides.	Kima sibina sininta 4 → 7	Habubko ceku tulti	A black and white line drawing of a quarter circle.

	Kima sininta 8 → 13	Habubko 1 tulti	
	Kaŋgi kâddi	Habubta 2 tulti	

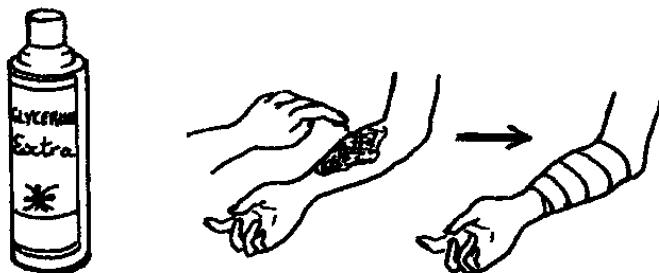
Yagunuŋ kaŋgu nîyembo wasi tiŋanan, hâgudu ndu caku koy tiŋanan, toŋo konoran - kula hakkim mo naŋi!



Tummana gi nîyembo kâddi yandan ki de in ko kena noroñi: saa kîrima kîtem koyna, hâgudu aŋgo koy koyna, gani tummana gu saa ilam kuluna kel-ken dagigañ 10 tindenti.



Ili molo tîniŋgi yoŋ Gilisirin toŋ, gani tummana gim kayiŋi. Hâgudu ɳaŋgati irnaŋ nenenda mbo nimirani. In ko kena kel-ken, ɳaŋgati gi jo mbir tuŋunteye.

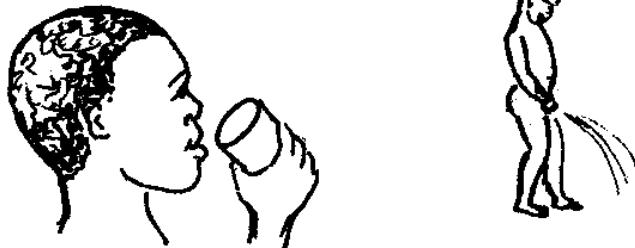


Ndaŋ-ndaŋ ʉnami yoŋ sîŋgee taŋa koyee yoŋ
hâgudu awundi sijara ta yoŋ koynan!



Kaŋgi wasi tummana gi saa ndu molo kâdur onodise
gi ta jam, kaŋgi gu saa kâdur kûnji-ken taŋjeti.

Tumannda gi isa baka tisake-ken, saa kâdur
taŋjeteye, in ken isa kâdur tisaketi.



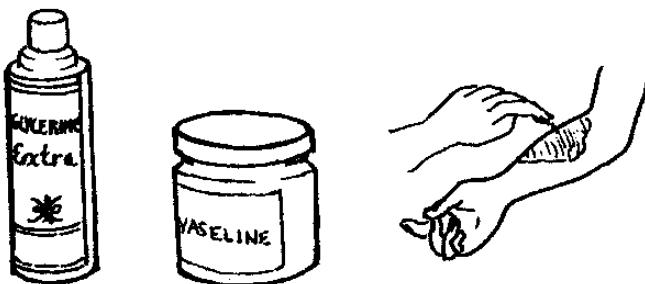
Naŋgatu gani wasi tummana gi molo kacaciŋan,
gani wasi tummana gu saa aŋgo nenem kulunin
dagigan 10 tindenti.



Nañgati gu sabuna mbo kukana, aynjem kândajinjin tuburuñin kula nimirani.



Gani wasi tummana gi tuman, nañgatu kurucan!
Dawi Jarsalin uri gi yoŋ Gilisirin toŋ kayiŋi.



Kaŋgi gu gunatu tunduyan koy, hâgudu gani wasi tummana gi koy kuya tenan, kula hakkim mo naŋi.

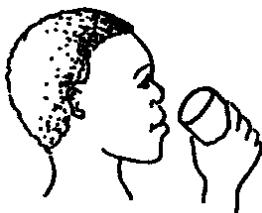
Isa tiye



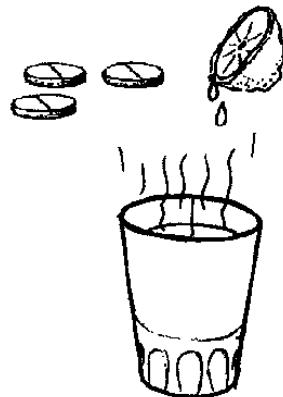
Ƞgo Ƞgo ken kaنجi isa uɳna nisake gu
konoron̄tiyoŋ?

Ƞgo Ƞgo ken kaنجi isa nisakenda gu
konoron̄tiyoŋ?

Kaنجi isa uɳna tisake-ken, ndaŋ-
ndaŋ saa kâdur taŋeti. Tuŋuno koy
saa litirta īti yoŋ mâri yoŋ
taŋanteye. In ko de subu tuŋunti.
Subu tuŋuna, akar tûkasından kula
hakkim mo naŋi.



Ba kaŋgi isa tisakendan, finjalko
kâddu kula, sa unna koyna,
habubta Isbirin uri wi kaŋ kuluna,
laymunko koy tîlo kinikana loyni.
Kaŋgi isa nisakenda gu kun̄-ken
taŋanteye.



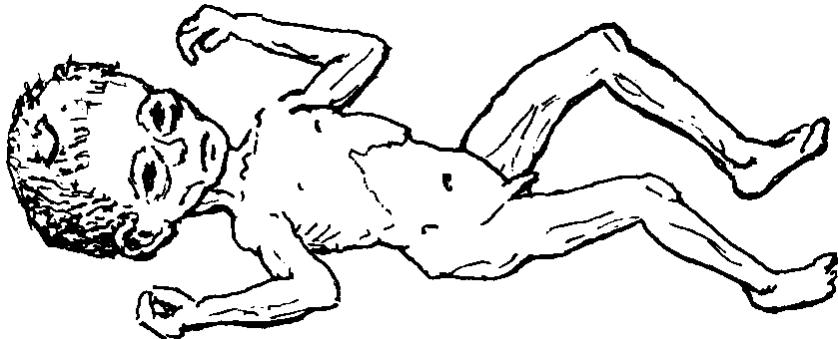
Hâgudu taŋanan, kîte kâddim
saa kírima koynin, tuŋuŋa, saa
ila wo kûŋim toykurite saa ilam
si de isa iyanjiran, kurnaŋ ko
tisanti.

Yagunuŋ ba ti tisan-kede njindiŋ kaŋ yon as yon
tindenan, celcelo de kula hakkim mo naŋi.

Ba hakkim mo ma kanaŋ-
kede tisanan, lêlem saa litirta
îti yon mâri yon lajo de subu
tonodti.



Saa ndu taŋa onoda

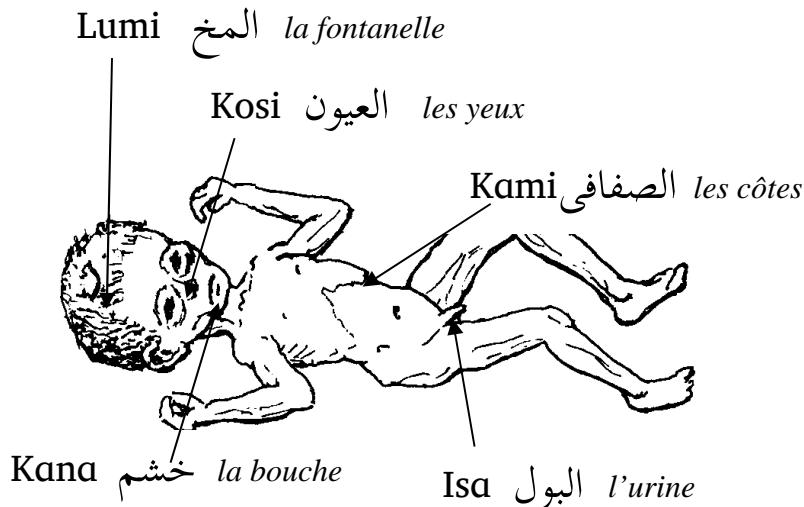


Ƞgo Ƞgo ken kaŋgi ndum saa onoda gu
konorontiyoŋ?

Ƞgo ken kaŋgi ndum saa onoda gu kosintiyoŋ? Îwi
nare wi molo kâdur inda-ken kosiñteye.

1. Kosi kude layu, ni enendan
2. Kima sibina yan lumi ta tûsuran
3. Ndu ta bere tûka, kami koy ijinjaran
4. Kano tuburin koy
5. Isa tisakendan, hâgudu isa duni yoŋ rayni yoŋ
tisake-ken

6. Kûjo mbo ndu mbo nîyembo uñña tira-ken
7. Koro mbo jo mbo kîrima tira-ken
Îwi mana tuu inda-ken kosiñteye.



Hâgudu saa ñgo ken ndum molo onodise?

1. Kangi âñi kiliju jo mbara kañ tuñun-ken saa ndu molo onodise.
2. Kangi laso de jo mbara kañ tuñun-ken saa onodise.
3. Kangi gunuti tîbina saa du kâdur tañanndan.
4. Kangi ayñgem kidime kâdur ken saa du kâdur tañanndan.

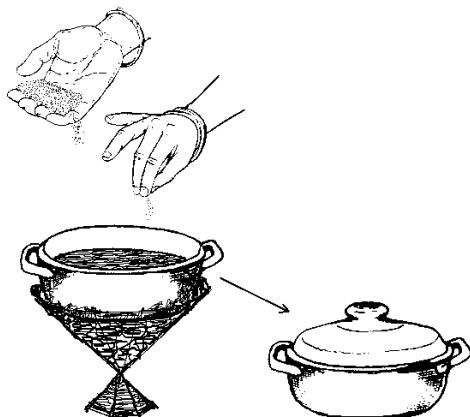
5. Kima sina ayŋgem sarisin saa kâdur taŋanndan.

Hâgu ŋgo ŋgo ken kaŋgi saa ndum nonoda gu konorontiyoŋ?

Kaŋgi saa ndum nonoda gi ndaŋ-ndaŋ saa sukkar mbo aŋgo mbo toron kultuŋ taŋanin, ndu ta gi saa tanarti.

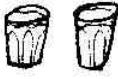
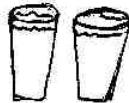
ŋgo ken saa sukkar mbo aŋgo mbo kentiyon?

Koro sibino kula saa
kandama, saa ilam aŋgo
jo kaŋ ŋembet ken loyn,
hâgudu sukkarko koro
mbo kûŋubutaja loyni.
Saa ila wasim kona
kondoyora kûnjura kel-
ken uburuŋteye.



Hâgudu uburuŋin, njindu tindenu koy kûnji-ken
baka-baka laŋo de tusteye.

Kaŋgi kâddi yoŋ kima sibina yoŋ saa aŋgo sukkar mbo na tultiŋa ila dîsir njiranj âmbinjikala gi nuŋ de.

	Kima sibina sininta 1 → 3	Njindu tindenu koy saa kubbayo ceku nûnji 
	Kima sibina sininta 4 → 7	Njindu tindenu koy saa kubbayen 2 nûnji 
	Kima sininta 8 → 13	Njindu tindenu koy saa finjalta kâddusar 2 nûnji 
	Kaŋgi kâddi	Njindu tindenu koy saa 

Ba kaŋgi gi âni tiliji-ken, hâgudu talasen koy, saa aŋgo mbo sukkar mbo ena ila âmbinjikala ila molo kâdur taŋjeti.

Tîna

Kanaa wi wo kitab *Ilaaj al-naadum al-mardaan fi beet* uri gi molo kul morgolonjinjaye. Kitab ili kana arinjeka Cad taŋa mbo hâgudu fransaka mbo nenegiye. Ndînjara ïni gi 2010 ïndijaraye. Nîndijara gi Association SIL ye.

Ili molo dûkum Brejin mbo Tiregin mbo ka 21 koris mo tîran orgolonjinjaye. Koris gi ndaŋa jo 5 aye 3 lok jo 15 aye 3 âdumaŋ 2012 ye. Ili molo Assadik Daud Adam nuŋ Mahamat Ismail Abdalla nuŋ Ahmat Abdalkarim Abdarahman nuŋ orgolaye. Mahamat Ismail Abdalla lo kanaa wi kombiyuter mo nunduŋa gi ye. Suran mbo kanaa mbo gani ïniŋam nunduŋa gi Eunice Kua ye.

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